



## **RULES OF CONDUCT MTB TRAILS VALBIANCA SA**

- 1. Adapt your speed to your skills and the degree of difficulty of the trail.** You must always be able to stop on sight. Only stop at the side of the track. In case of a fall, clear the course immediately.
- 2. Helmet compulsory.** We recommend the use of sports glasses and gloves (blue/easy track). Full face helmet with glasses and protections are recommended on the red/medium and black/difficult tracks. Only ride on freeride tracks with a suitable MTB.
- 3. Follow the information at the cable car departure station and at the start of the trails.** In case of total or partial closure of the routes, there is an absolute ban on circulation.
- 4. Comply with the signs and instructions of the cable car personnel.** The general MTB rules and traffic regulations also apply on freeride slopes. On downhill slopes it is forbidden to completely lock the wheels (skidding).
- 5. In the event of an accident, contact the rescue service (+41 91 873 80 40) or the emergency number 144,** indicating the name/number of the route and the sector where you are (indicated by the letters A, B, C, D).
- 6. The use of MTB trails is at your own risk.** The operators of the Valbianca SA Cable Cars and the owners of the land refuse any liability.
- 7. In case of non-compliance with these rules and regulations, we can no longer transport you or your MTB.**